

Veterans: Take Control of Your Trauma Recovery with Vx Therapy<sup>®</sup> Available to Veterans with VA Benefits at no out-of-pocket cost

Harvard MedTech's Vx Therapy<sup>®</sup> is an innovative science based virtual reality platform that helps people recover from pain, anxiety, depression, sleep challenges, and PTSD related symptoms.

# Use in the comfort of your home with no medications or internet required

Both physicians and prescribed patients report a 96% satisfaction rate with Vx Therapy.

Over 4,500 participants have utilized Vx Therapy and have reported significant improvements in their symptoms.



## What's Included with Vx Therapy



- FDA Class I VR headset
- 20+ hours of therapeutic, and educational content
- No internet required use anywhere, anytime
- 3-month support including initial setup and phone troubleshooting
- Regular calls with a Vx Navigator based on your provider's direction

# Follow these simple steps to request Vx Therapy® through the VA and begin your journey toward recovery



### Contact Your Doctor

Reach out to your physician via the MyHealtheVet portal or phone to express your interest in Vx Therapy



If your doctor feels Vx Therapy is a fit, they will submit an order in the VA system for Harvard MedTech



A Harvard MedTech specialist calls to explain the process and schedule your first Navigator call How to navigate the My HealtheVet portal to request Vx Therapy<sup>®</sup>

Vx THERAPY

Navigate and Log Into My Healthevet Portal at: www.myhealth.va.gov/mhv-portal-web/home/

# My HealtheVet Portal Step-by-Step

#### My HealtheVet Home Page

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After logging in, you'll see this home page. Look for the Secure Messaging option in the navigation menu.

#### **Access Secure Messaging**

Click on the dropdown menu and select "Compose Message" to start a new conversation with your provider.

#### **Select Your Provider**

Choose the appropriate healthcare provider from the list who can approve your Vx Therapy® request.

#### Complete & Send Your Message

Fill in all required fields, including subject line and your request message, then click "Send" to submit.

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### **Example Message for Your Provider**

When requesting Vx Therapy<sup>®</sup> use the following message into your secure message to provide all necessary information to your physician:

Hello, I am interested in starting Vx Therapy (a no.) – nvasive, VR-based treatment program that supports recovery from trauma- eneted symptoms. It is already on contract with the VA and allows me to use the device from bound. Please consider adding this to my plan of care. FSS Contract: 36F79720D00C 3 Product Code: HMT003001 Vendor: Recon Supply (SDVOSB) Thank you.