



Veterans: Take Control of Your Trauma Recovery with Vx Therapy®

Available to **Veterans**
with VA Benefits at
no out-of-pocket cost

Harvard MedTech's Vx Therapy® is an innovative science based virtual reality platform that helps people recover from pain, anxiety, depression, sleep challenges, and PTSD related symptoms.

**Use in the comfort of your home with no medications
or internet required**

Both physicians and prescribed patients report a 96% satisfaction rate with Vx Therapy.

Over 4,500 participants have utilized Vx Therapy and have reported significant improvements in their symptoms.



What's Included with Vx Therapy



- FDA Class I VR headset
- 20+ hours of therapeutic, and educational content
- No internet required — use anywhere, anytime
- 3-month support including initial setup and phone troubleshooting
- Regular calls with a Vx Navigator based on your provider's direction

Follow these simple steps to request Vx Therapy® through the VA and begin your journey toward recovery

1 Contact Your Doctor

Reach out to your physician via the [MyHealtheVet](#) portal or phone to express your interest in Vx Therapy

2 Submit VA Order

If your doctor feels Vx Therapy is a fit, they will submit an order in the VA system for Harvard MedTech

3 Start Vx Therapy

A Harvard MedTech specialist calls to explain the process and schedule your first Navigator call

How to navigate the My HealtheVet portal to request Vx Therapy®

Navigate and Log Into My Healthevet Portal at:
www.myhealth.va.gov/mhv-portal-web/home/

My HealtheVet Portal Step-by-Step

My HealtheVet Home Page

After logging in, you'll see this home page. Look for the Secure Messaging option in the navigation menu.

Access Secure Messaging

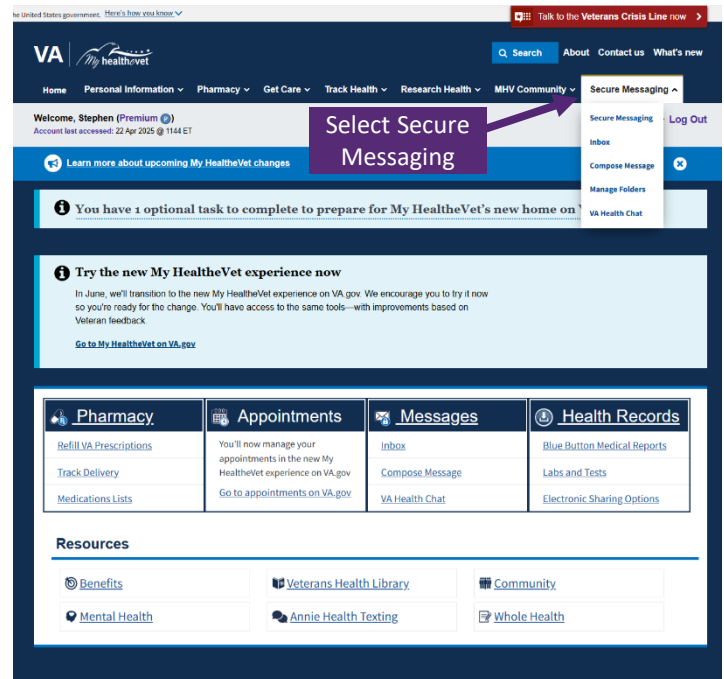
Click on the dropdown menu and select "Compose Message" to start a new conversation with your provider.

Select Your Provider

Choose the appropriate healthcare provider from the list who can approve your Vx Therapy® request.

Complete & Send Your Message

Fill in all required fields, including subject line and your request message, then click "Send" to submit.



Example Message for Your Provider

When requesting Vx Therapy® use the following message into your secure message to provide all necessary information to your physician:

Hello, I am interested in starting Vx Therapy®, a non-invasive, VR-based treatment program that supports recovery from trauma-related symptoms. It is already on contract with the VA and allows me to use the device from home. Please consider adding this to my plan of care. FSS Contract: 36F79720D0009 Product Code: HMT003001 Vendor: Recon Supply (SDVOSB) Thank you.